

"The Butterfly Flyer"

Abundant Nursing, Inc. - 45 East Main Street - Mount Joy, Pa. 17552 - (717) 653-1662 - fax (717) 653-7117

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Visit our website @ www.abundantnursing.com

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What's fluttering this month



"Notes from Lisa"

Greetings Everyone!

"What If? "

All of my blessings and gratitude go out to all of you! I am so grateful that I took the steps of faith to create this wonderful Company.

We must continue to take the steps to change, to grow into what God would have us be.

Do you have some secret desire that you are not fulfilling? Why not? The comfort zone feels so safe. We are taught not to ruffle our feathers, tone it down, and keep everything the same. Shifting causes change. If we do not take the steps toward the light, we will never find our true Joy!

The barriers are like heavy metal gates that lock us in this sameness. The gate keeps us bound to making other people happy.....people pleasing. Are you a people pleaser? We all fall into this training one way or another. We seem to think, what would other people think? What if I fail? Will I end up homeless? Who would take care of our children, the bills, and the house-work, will my relationship end, and the biggest question is where will the money come from? "The What Ifs." We all have the same fears; they are all of the same doubt thoughts.

Isn't it funny, the instant we decide to change and grow, these thoughts rise to block our dream. And how we choose to listen to them? What

If we didn't? What would happen? I remember, what a friend of mine said to me when I was starting the business. He said, "Lisa, who cares if you don't make it. I admire you because at least you tried, and that is success." Wow! What a great message, at least I tried.

This business endeavor has created great strength in my faith to say "I can". It has never been for the monetary gain. I gained what I needed to continue to grow to the light, to soar like an eagle to the next endeavor.

God wills us to seek for his guidance and strength while we are on this Journey. Without God our steps are like heavy blocks of steel on our feet, they keep us bound by the laws of this world - FEAR -. Why do we continue to listen to something that offers us nothing? "Fear not I am with you", this is what God said to us. With God, he offers me everything - Peace, Joy, Love, Wholeness, Innocence, and Forgiveness. This is what Jesus Christ's message was 2000+ years ago, from our Father in heaven, God offers his gift NOW! Those gifts that we take from the world are, future thoughts that serve no purpose,



Doubt, Fear, Shame, Loss, come from thinking ahead, thinking about tomorrow, what will tomorrow bring? The most powerful gift that Jesus gave us was to live in; - TODAY - "Give us this day our daily bread". If we choose fear, there is no other choice. Who wouldn't choose peace over fear? Is there really a choice between EVERYTHING & NOTHING?

Stop standing at the crossroads and make the choice that will set you free.

Let us accept the gift of Salvation and rest in peace, in love, in joy and a gift that is eternally available to us all. Let us not wait another minute to walk through the gates. Let the past go, it serves no purpose NOW. Let the future go, it serves no purpose NOW. Be still this instant, and receive your gift of peace. The Holy Spirit is waiting to guide you to your purpose to share in the blessings of Truth. "The Truth shall set you Free".

My next steps are to share in this message of TRUTH. I am walking out of the comfort zone and I embrace the light of change. I will be traveling around our Country, to whoever is willing to hear "The Good News". My only desire is to share in the Joy. My journey will take me to Dallas, Texas and God only knows from there, I walk in Faith.

God Bless.
Lisa

"Bonnie's Corner"

Dear Abundant Nurses:

Let your love light shine! Give the best valentine greeting this year by giving your heart to God. Let the love in your heart reflect out into this darkened world to help lighten things up! God is the lover of your soul. He is concerned about the condition of your heart. His spirit flows through your heart and mind, creating real peace, real love and real joy. God's love is the best valentine you could ever receive. He knows our hearts desire. One of the promises of God is that if you seek him with all your heart, He will give you your heart's desire. When God is the leader of your life, you are motivated to do the right things. His love is true. His love is pure. His love is available to you. His true love.

Love,
Bonnie

Heart Scripture

"Your heart shall live forever."

Psalms 22:26

"Create in me a clean heart, O God; and renew a right spirit within me."

Psalms 51:10

"A sound heart is the life of the flesh."

Prov.14:30

"The Lord sees not as man sees; for man looks on the outward appearance, but the Lord looks on the heart."

1 Sam 16:7

"Delight yourself also in the Lord; and He shall give you the desires of your heart."

Psalms 37:4

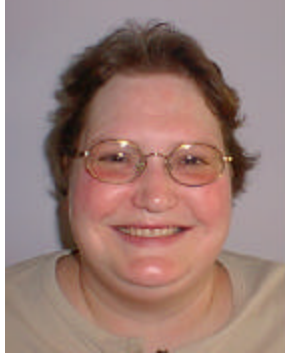
"You shall seek me, and find me, when you shall search for me with all your heart."

Jer.29:13

"Blessed are the pure in heart: for they shall see God."

Matt.5:8

EMPLOYEE FOR THE MONTH OF FEBRUARY



"Paula L. Estep, LPN"

Paula has been with Abundant Nursing since May of 2001. She lives in Lancaster with her husband. Paula was the recipient of the Abundant Nursing, Inc. "Spirit Award" and just recently volunteered to work on the Community Service Project. Thank you Paula for all you do. You are truly an Abundant Nurse.



Community Service Project

Abundant Nursing, Inc. is organizing a Community Service Project for the year 2003. Paula L. Estep has volunteered to be chairperson of the committee. Please call the office if you are interested in being a part of the committee or if interested in participating in anyway to this effort. This project is not meant to be a burden of time or money to anyone who volunteers. Paula has contacted the Abused Women's Shelter to obtain a "wise list". We hope you will all consider opening your hearts to those less fortunate.

February Happy birthday wishes go out to the following employee:

Michelle M. Burke, LPN

Congratulations and Welcome aboard to New Hire in January

Tracy L. Knier, CNA

Stars Program

The following employees were recognized for doing an outstanding job!

Ephrata Community Hospital

Deborah N. Evans, RN
Jennifer L. Boley, LPN
Michelle M. Burke, LPN
Dawn M. Eichelberger, , LPN
Paula L. Estep, LPN
Jenny L. La, LPN

Audubon Villa

Jessica L. Shank, CNA

Lakeside at Willow Valley

Dawn M. Eichelberger, , LPN

Inspirations

More Winter Wisdom

"In the midst of winter, I find within me an invincible summer."

Washington Irving

"Happiness is reflective, like the light of heaven."

"Happiness doesn't depend upon who you are or what you have; it depends solely upon what you think."

Dale Carnegie

"Whatever things are true, whatever things are honest, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of a good report, if there be any virtue, and if there be any praise, think on these things."

And in every work that he began in the service of the house of God, and in the law, and in the commandments, to seek his God, he did it with all his heart, and prospered."

2 Chronicles 31:21

