

"The Butterfly Flyer"

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Visit our website @ www.abundantnursing.com

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What's fluttering this month

"Notes from Lisa"

Hello Everyone:

I would like to take this moment to thank God for blessing me with this continuous opportunity to share my thoughts with you. This newsletter has become my expression of Gods Love that I feel and share with you. It feels so good to share.

Over the years, I have become more and more simple. Simplicity, is where it is at. When we abide in God, there is no more seeking outside yourself. We become whole. I just read, that ALL desires outside of ourselves, are not knowing, who we already are.

Peace of mind, is the greatest gift. Joy, is an expression of wholeness, which comes from our knowing Gods Love. We strive to believe, but there is a point when one comes to know the truth. In stillness, we find the truth. Without our willingness, to stop the noise, we will continue to seek where the truth, can never be found. Stillness, offers us clarity. Stopping in the midst of turmoil, and allowing God, to penetrate the noise, will allow us to receive our salvation. In stillness, is where the treasure chest waits to be opened. To receive his truths. Scripture points to these truths, "Salvation is within." Our mind chatter, keeps us from hearing. "Be still, and know that he is God." We have become a society of busyness. We are addicted to noise. We are addicted to moving. When we allow the gate to freedom to open just for an instant, the world becomes less and less attractive. We start to see

more clearly. We feel more peace. We can allow the events, to come and go (which they will) but the constant peace of God never ceases, it is an eternal gift. Stop and see just for an instant. Don't take my word for it. You must open the door, I can only show you the way. The clock will continue to tick, but time stands still, in his presence. ALL THINGS cease to hold any comparison to peace of mind. There is no joining of these two worlds. Jesus Christ would constantly go to the mountain to listen to God. His witness, to where the answer abides, has never changed. Only the world, has seemed to change. It is our great awakening of Truth. Truth doesn't change, Truth just is. It is constant. It is the light, in the storm. The storm comes and goes, but his truth will never change. God is the ocean, we are the waves. Constantly moving, but not knowing, we are one. We are all part of this great ocean. Let us remember who we are. When we remember, we can be "free". Free of past hurts, perceived Future pains we can let go, and let God. Christ lives with us

constantly; the Holy Spirit, is the reminder. The Holy Spirit is the voice for God. He speaks to us gently and lovingly. The other voice (the world) seems to be much louder, but in stillness we are able to hear, the soft, sweet voice of salvation, Give way for truth. "Knock and the door shall open."

I know that I write a lot about this message, but I have found such great healing in the stillness, and I long to share it with everyone. I also am giving anyone, an open invitation to my home, my God house, to share with me or to learn more. Call the office and I will return your call. My arms are open. This Easter, let the most holy Teacher live. Let us live with him, in the resurrection, not the crucifixion. He has risen and we are Free.

Being a Nurse, maybe we can better understand, if we put Jesus Christ as the Doctor, with the remedy. We are the patient with the illness, of unforgiveness. It is time to take your medication, for without the illness, there would be no need for the cure. Are you willing, to stand in line for your treatment? Accept the cure, to ALL disease and pain and sorrow. The body will wither away, but our spirit is eternal. Christ proved that the body can be killed, but the spirit lives forever. Heal what is eternal. We are, as God created us, in his image. Is God a Body that dies and withers away, or is God eternal spirit? Christ is the Master Healer, of ALL wounds. Let the wounds of the past, open to healing. It is the time to let forgiveness heal, the past wounds. Christ died that we may be free. Let him not die in Vain. He waits forever, for our healing. Now,



is the time. Let not another Easter pass, as some trinket of the world, with Bunnies and Candy. The world has toyed with His Message far too long. Teach our children the Truth! So that we may live! Christ is the Truth, the way and the light. Come out of the Darkness and Sing his song of Joy!!!!!! Yippeee, I am Worthy of Joy, of Peace and His Love.

Amen,
Lisa

A Nurse's Poem

By Becky Peterson,
Nursing Assistant
Bear Creek Nursing Center

For my friends, getting pregnant is all the rage,
But I cradle the children of a different age.
Gray are the heads that rest on my breast,
My arms around those who are taking last steps.
Where words have lost meaning from hearing too much,
My lullabies are sung in the language of touch.
Coming full circle, back to diaper and tears,
The faces I soothe wear the blanket of years.
My nurturing is done without giving birth,
To children heading back to the womb of the earth.
Their bodies contract to a fetal position,
Preparing themselves for the birth of transition.



May Happy Birthday wishes go out to the following employees:

Teresa F. Hessen, RN
Faye A. Woodhouse, CNA

Congratulations and Welcome aboard to New Hire in April

Tammy F. Leddy, CNA

EMPLOYEE FOR THE MONTH OF MAY



“Tanya G. Heming, CNA”

Abundant Nursing is pleased to announce Tanya G. Heming as Employee of the Month for May. Tanya lives in Bainbridge with her husband and two sons. Tanya has been with Abundant Nursing, Inc. since September 2001 and displays a quiet enthusiasm and determination in caring for residents. Thank you Tanya for all of your hard work and to upholding the standards and philosophy of Abundant Nursing, Inc.



**Nurse's Day
Tuesday, May 6**

Happy Nurses Day to all nurses who are caring for our mothers, fathers, grandparents, and giving your gift of healing to mankind. Remember, we are planting seeds every time we meet a patient. Remember to plant the seeds that you would want to grow in your own garden. Our hats go off to all. Continue to shine your light. Please stop by the office to pick up a token of our appreciation for all you do.



Reminder:

Anyone interested in donating items for the Abused Women's Shelter in Lancaster, may bring those items to the office no later than May 11. Thanks to all of you who have been so generous with your donations so far.

If You Think You Can You Can

You can be a total winner
Even if you're a beginner
If you think you can, you can
If you think you can, you can
Raise that C up to an A
Get in the school play
If you think you can

It's not your talent or the gift at birth
It's not your bankbook that determines worth
It's not the color or texture of your skin
It's your attitude that lets you win

You can ride your own black stallion
You can wear a gold medallion
If you think you can, you can
If you think you can, you can

You can learn to ride a bike
Up a mountain, you can hike
You can wear a diamond crown
You can get back up, when you've been down
If you think you can

It doesn't matter if you've won before
It makes no difference what the halftime score
It isn't 'til the final gun if there were one
So keep on trying and you'll find what you've won
You grab your dream, and you believe it
Go out and work, and you'll achieve it
If you think you can, you can
If you think you can, you can

Author Unknown