

"The Butterfly Flyer"

Abundant Nursing, Inc. - 45 East Main Street - Mount Joy, Pa. 17552 - (717) 653-1662 - fax (717) 653-7117

Volume 4, Issue 5

Visit our website @ www.abundantnursing.com

May 2004

What's fluttering this month

"Notes from Lisa"

Hello, Hello:

Many, many Miracles are abounding as I follow the Path to God. We are all continuing to grow in Truth. We cannot lose our way. The Holy Spirit has been given an assignment from God for your release. He goes with us wherever we go. We might not be aware of it, but he abides forever in our minds, just waiting for an invitation. Knock and the Door shall open. How little we seem to know about Love. God is Love and all the Love that we have in our lives has come from Him. He has created only True Love and what He creates can never be lost. I have learned this the hard way, it seems, but boy has it been worth it.

My first experience at seemingly losing love was when I was about 19 yrs old. My sister, whom I adored and loved so dearly, had disappeared. She vanished. It was a true life unsolved mystery that left me totally lost. Her disappearance brought great pain into my whole family. We experienced lots of blame, anger, and hurt and feeling of total helplessness. Where could she be? As days turned into months and then into years (8 yrs to be exact) they found her body not far from where we grew up as children. It truly was a miracle and mercy, because, not to know is the most tormenting experience. We all still had hoped that maybe she would come back someday.

She was such bright light in our lives. She was the oldest and seemingly the strongest. I use to turn to her always and ask her which way to go, and when her body was found, I again had to find

another avenue to find the answer. My family was so distraught and torn about the loss. We never have regrouped. It just seemed too painful to continue without her. So, we didn't. We all went our own ways. I started out like a frightened child. Just wandering, waiting to be told what to do. I was so frightened that without her, I will surely lose my way. As I continued, people were more than happy to show and tell me what to do and I was more than willing to listen. I was grabbing any hand that was put out to me. I had no other choice (I thought). So I listened to each witness that showed up and went into many, many experiences. I was looking for Love and Happiness like we all are. I tried them all. I was leaving no stone unturned. What did I have to lose? I already lost everything, I thought, my family, my sister, and all things that I trusted had failed. So, the sky was the limit. Seeking, Searching, Looking for the answer, Looking for Love, Happiness and Joy.

Each road that I took led to nowhere but emptiness, like fools gold or temporary thrills. It was just enough to get me through the long days and nights of loneliness. I was feeling so empty. You know that hole that I talked about before? You know the hole? It felt so deep, and I was

filling it with anything to stop the pain. I was angry at God for allowing all this to happen and nothing to happen. What a joke life was, I thought. I dreamed of what love would look like but I never seemed to reach it.

As I became less resistant to listening to God and to allowing tiny willingness to enter, I began to listen to the ideas of forgiveness and what they meant. I began on my path to Truth and I finally began to follow the voice within! I stopped listening to the world. It had not taught me anything. There was nothing left for me to learn there. I was seeking more than the world had to offer. Are you seeking more? Praise Sweet Jesus my friend. We are joined in this purpose.

Let us take a walk to Truth. All the Love that was given in the Past is Real. That's it! Love is what God created and he has joined us in this. You are Love and so am I. You don't have more and I don't have less, we are equal. We have it all, right Now. He has created us in His Image and what he creates is forever. Truth can never die. Bodies seem to come and go and play with us. They tell us that we have lost at love, but friend, it is not lost. It is found! You are Love, Perfect and Pure, Radiant Love. That is it. Nothing is always competing with everything. The Love that comes from within us comes from our Father. Can you feel it? It is Real. Each person that you join with this Love is a great gift that has been sent to you from your Father. There is no accident in Love

One of greatest gifts that I am learning is when we keep searching and searching and looking for Love we will always lose it. We have made idols and decided that because this idol that I put my Love



in has gone, I am lost My friend. We have not lost but are learning to find the Truth. We cannot get love. It is impossible. It is an endless cycle that the ego has set up; a continuous game at love, seek and do not find. This is what we find when we seek it outside ourselves. Be Still this instant and remember Our Father's Love is what we are really seeking! His Love, no other, will compare. It is total, it is complete, and it is whole. It is perfect. It is Everything. His Love is unwavering; it is our only True Relationship, because it is eternal. Bodies come and go, but His Love endures forever. With this knowledge, I let go of where I thought love was and was not. I know the pain I felt from my sister's body leaving my side was really thinking that our Love had died. Today I tell you all. Love does not die. I feel her Love right Now. She is here in Spirit and her Love joins with me, with God. In Truth, her love is your love. It is One and there is no difference or specialness in Love. It is who we Are. Let go and accept the gift of Forgiveness and Rejoice that Jesus Christ is Born today. He has Risen and has spoke Truths that are the Living word. He can never die. His Love is right here. He told us this. Are we not listening? Have we decided where love is? He was the witness to Perfect Love that is available to anyone of us. Praise God!! He sent Him. Let us Resurrect with him and join Him in his crusade with Our Father as Heaven is our Home. Let us rejoice and sing the Song of Love to our Brother. Sing! Sing! Share! Share! We don't need to get anymore. We have it all right here. Stop searching and start giving the gift of Love. Give! Give! Give! You have it right now. Give, give, and stop looking to see where it lands. Just give as He does and you shall know your Father's Love. Give, let it flow, shine it, share it and feel it. Jesus was the Teacher of this great lesson for us all. I Love God and he Loves me. I Love you and I pray that all things that keep this from our Awareness be removed. Let us communicate our fears, our doubts, our shame, our unforgiveness, and our guilt. Let us lift it up so that we may see. That's it! I give it you Holy Spirit. "I want Love", means I want to Know God and I am home and so are

you. We are One. There is no separation from God and His Children. Thy Kingdom Come, thy will be done!

Amen.
Lisa

EMPLOYEE FOR THE MONTH OF MAY



"Kimberly S. Stoutzenberger, CNA"

Congratulations to Kimberly S. Stoutzenberger, CNA, May Employee of the Month. Kim has been working in facilities as well as in homecare. She is friendly talkative and has an eye for fashion. She lives in Columbia with her husband, children and grandchildren. Kim deals with her busy life with a contagious smile and faithful dedication. Thanks, Kim, for sharing your inner joy with us and with our residents. You are truly an *Abundant Nurse*.



HAPPY NURSE'S WEEK

MAY 6TH – 12TH

To all our RN's, LPN's, CNA's and HHA's.....



we recognize you for all you do! You all are making a difference in the lives of others. We are so proud of all of you for being great examples of the heart of nursing. Congratulations on a job well done. Please stop in the office sometime in May to receive a small token of our appreciation for being an *Abundant Nurse*.

The Management Team of
Abundant Nursing, Inc.

May Happy Birthday wishes go out to the following employees:

Jessica J. Lucas, CNA
Constance M. Roye, LPN

Congratulations and Welcome aboard to our New Hire

Nicole M. Dorer, CNA
Karen E. Rineer, LPN
Paul K. Wolpert, LPN

Stars Program

The following employees were recognized for doing an outstanding job!

Mennonite Home

Sylvia D. Anderson, CNA
Jenny L. La, LPN
Coral R. Mattis, CNA
Kim S. Stoutzenberger, CNA

ATTENTION ALL EMPLOYEES

If you present your Abundant Nursing, Inc. name badge at Uniform Solutions you will receive a 10% discount on uniforms, etc.



1507-A Lititz Pike M-F 10-6
Lancaster, PA 17601 Sat 10-4
717-394-6655
www.uniformsolutions.net

Dear Lord Please give Me Strength

Dear Lord,
Dear Lord please give me strength
--- To face the day ahead,
Dear Lord please give me courage
--- As I approach each hurting bed.
Dear Lord please give me wisdom
--- With every word I speak,
Dear Lord please give me patience
--- As I comfort the sick and weak.
Dear Lord please give assurance
--- As the day slips into night
That I have done the best I can
--- That I have done what's right.

Author unknown

